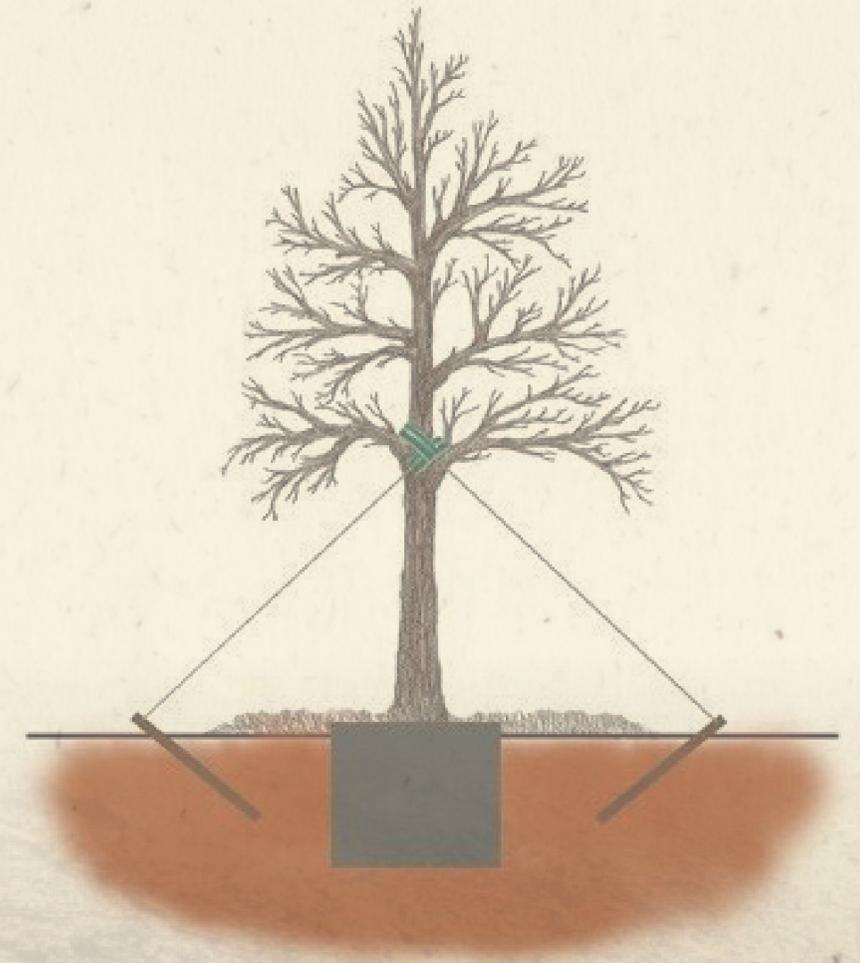
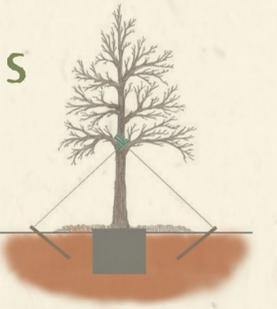


Resilience Farms



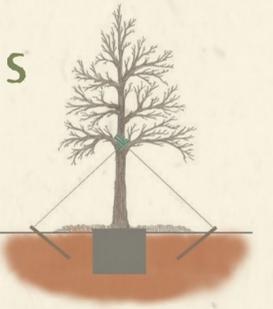


Resilience Farms are an optimal solution to treat & prevent Post-Trauma

We have established a series of sanctuary farms in nature, for the treatment of male and female IDF soldiers from the IDF and security establishments, as a way-station on their returning home from the battlefield.



Israeli soldiers are suffering from widespread Post Trauma

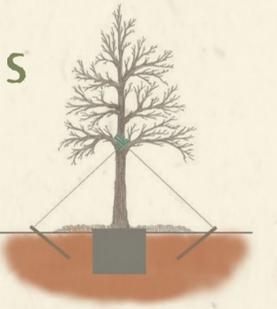


In Israel's history only 1500 soldiers have received preventive treatment for post-trauma. Since the start of the current war over 400 have been referred to the Ministry of Defense for recognition of a post-traumatic disability.

The estimated number of post-traumatic individuals from the current Gaza War is ~30,000.

Professionals estimate that 15% of combat soldiers are suffering from post-traumatic stress – and will need treatment

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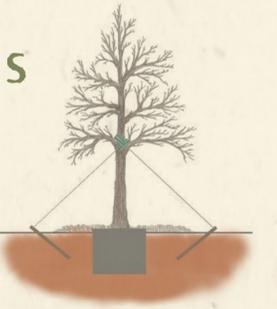
Who are we ?

We are a group of achieved individuals (Former senior officers) who want to help Israeli soldiers with PSTN transition back into society with minimal “scars of war” (As some of us have) we work closely with Israeli Ministry of Defense and IDF Disabled Veterans Organization.

We have established 4 treatment locations to date, self financed and received financial aid from “friends and family” and the Israeli Ministry of Defense.

However, we need to raise \$3M to continue to operate, expand and provide optimal treatment for this worthy cause – The donation will be transferred directly to the care farm according to our navigation.

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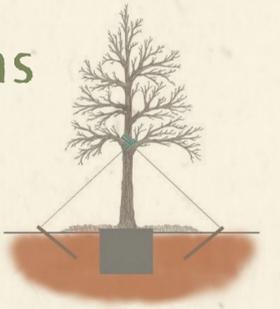


Our Goal

To provide preventive treatment, reducing post-traumatic illness and significantly decreasing future outbreaks for troops serving their National Service.

“Resilience Farm for resilient lives and a healthier society”

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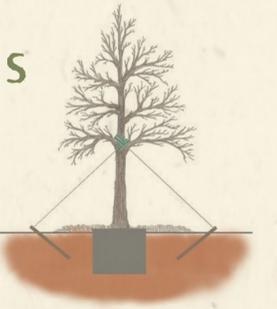


Resilience Farms

Treatment methods are provided within the framework of therapeutic farms, under the guidance and close supervision of leading experts such as Professor Prokhter and Dr. Ben Yehuda

Response levels will be studied, overseen and recorded to manage and analyse optimal processes led by Prof. Anat Dickstein and a team of the Faculty of Psychology from the Reikman University

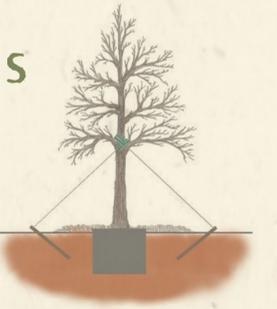




How does it work ?

- Each farm utilizes a different treatment method
- The duration of the project is not expected to exceed six months, following the end of the war or a soldier's discharge
- Soldiers will visit a farm for up to 4 months (some exceptions up to 6 months)
- Activities will be accompanied by comparative research to find the best and most efficient treatment approach for prevention
- Research and results will be evaluated each month

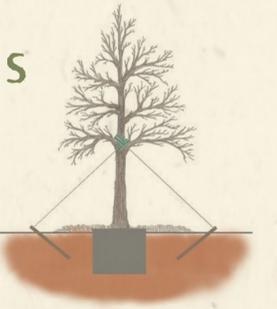
Israeli soldiers are suffering from widespread Post Trauma



Our Approach

- Immediate integration to a Farm upon the completion of service (reservists and regular service troops released from the Ministry of Defense)
- Preventing chronic PTSD illness
- Therapies combine both group and individual treatments
- The farm teams engage in a variety of activities in areas such as body, - mind, support, animals, arts, agriculture, and more
- Each treatment is under strict guidance and research to ensure improvement both in the soldier's ability to cope and integrate with the group

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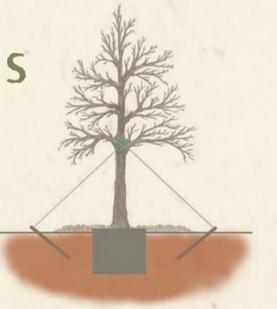


Therapeutic Tools

Each Farm deploys short-term, trauma-focused methods such as Somatic Experiencing, EMDR - Eye Movement Desensitization and Reprocessing, resource groups, group imagery, mindfulness, CBT - Cognitive Behavioral Therapy, IPT - Interpersonal Psychotherapy and SE - Somatic Experiencing

Israeli soldiers are suffering from widespread Post Trauma





To date we have established the following farms & treatment centers

Satria Farm (IMDR)

Therapists: Roi Danon, Roi Neroski, Menucha Halev-Lifshitz, Aharon Gafni, Nili Laufar

Shedei Chamad Farm (Resilience, excavation, resource mobilization)

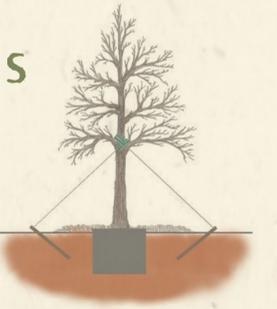
Therapists: Eli Hacham, Adva Kra Vazana

Beit Yitzhak Farm (IPT)

Therapists: Sharon Greenberg (Manager), Michal Sanitsky

Vertigo Eco Art Village Farm (SE)

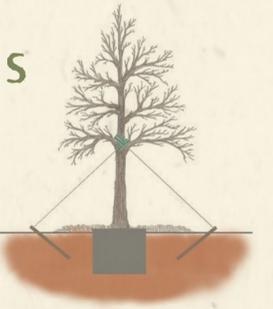
Therapists; Dr. Efrat Neveh (Manager) + 3 therapists.



Vertigo Eco Art Village Farm



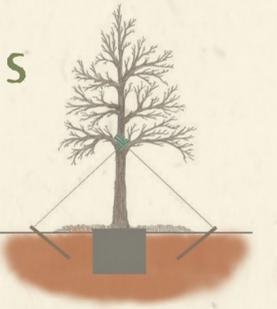
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Vertigo Eco Art Village Farm

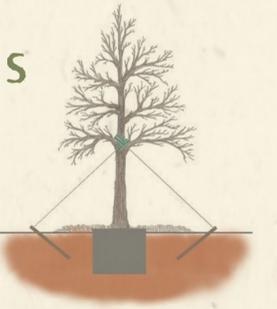


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Details of treatment formats and schedules:

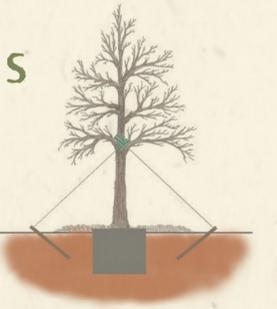
- Each Farm hosts two groups, each composed of 15-20 soldiers
- Nine hour stays on the farm, three times a week
- Each day includes 3 hours of group therapy
- Individual treatments are provided according to a daily internal programs
- Medical clowns are used twice a week, over 4 hours (two hours in groups and two hours between activities).
- Acupuncture is used at least once a week over an hour long session
- Each group experiences 4 hours of farm activities under close guidance
- Food is provided for each participant including; morning refreshments, a full lunch, afternoon refreshments - sandwiches, coffee, etc.



How much does it cost to provide treatment:

- 800 shekels per person for each day of treatment on the farm
- 30 patients per farm 3 times a week
- Each soldier receives 4 months of treatment (60 days of treatment)
- Each individual person's treatment costs 48,000 NIS (\$13,333) per treatment cycle
- \$400,000 per farm with 30 patients over a 4-month cycle

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We need your support to continue to
provide this much needed service

THANK YOU



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